On average, a dairy cow will eat about 90 pounds of feed, drink a bathtub full of water, and produce 5 to 6 gallons of milk (that’s about 80, 8-ounce glasses of milk!) per day.

If people ate like cows, they would have to eat about 90 pounds (the equivalent of 360 cheeseburgers) and drink 400 to 800 glasses of water each day!

To get the same amount of calcium provided by a quart of milk, you would have to eat 3 ½ pounds of peas, 27 oranges, 50 tomatoes and 50 slices of whole wheat bread.

Cows spend an average of six hours each day eating, and an additional eight hours ruminating or chewing their cud. Most cows chew at least 50 times per minute!

An average dairy cow weighs about 1,400 pounds.

An average U.S. dairy cow produces 53 lbs of milk per day, or 6.2 gallons.

Dairy farmers milk their cows at least twice a day, every day (some milk 3 times a day).

It takes 10 pounds of milk to make one pound of cheese

Americans eat an average of 29 pounds of cheese every year. Over a lifetime that’s more than a ton of cheese.

Americans eat the equivalent of 100 acres of pizza every day!

People crave cheese more than any other food.

When cheese is first made it has little flavor. It takes 3 months to make mild cheese and at least a year to make sharp cheese.

All cheese is naturally white. Yellow cheeses are yellow because color has been added to them.

It takes 12 pounds of whole milk to make one gallon of ice cream.

Vanilla is America’s favorite ice cream flavor. Our favorite topping is chocolate syrup.

The ice cream cone made its debut at the 1904 World’s Fair in St. Louis.

June is Dairy Month, July is Ice Cream Month, and October is National Pizza Month.